

Love Flow

 linedancemag.com/love-flow/

Choregraphie par : Niels POULSEN (DK)

Description : 32 temps, 4 murs, Débutant, Mai 2018

Musique : Let your love flow by The Bellamy Brothers. 109 BPM. Track length: 2.47. Album: Best of The Best.



Intro: 16 counts (app. 9 secs. into track). Start with weight on L foot

NOTE: NO TAGS – NO RESTARTS!

[1 – 8] R cross rock, ball cross, side R, L back rock, L chasse

- 1 – 2 Cross rock R over L (1), recover on L (2) 12:00
- &3 – 4 Step R to R side (&), cross L over R (3), step R to R side (4) 12:00
- 5 – 6 Rock back on L (5), recover on R (6) 12:00
- 7&8 Step L to L side (7), step R next to L (&), step L to L side (8) 12:00

[9 – 16] R back rock, shuffle ½ L, L back rock, ¼ R into L chasse

- 1 – 2 Rock back on R (1), recover on L (2) 12:00
- 3&4 Turn ¼ L stepping R to R side (3), step L next to R (&), turn ¼ L stepping back on R (4) 6:00
- 5 – 6 Rock back on L (5), recover on R (6) 6:00
- 7&8 Turn ¼ R stepping L to L side (7), step R next to L (&), step L to L side (8) 9:00

[17 – 24] Behind side, cross shuffle, L side rock, cross shuffle

- 1 – 2 Cross R behind L (1), step L to L side (2) 9:00
- 3&4 Cross R over L (3), step L to L side (&), cross R over L (4) 9:00
- 5 – 6 Rock L to L side (5), recover on R (6) 9:00
- 7&8 Cross L over R (7), step R to R side (&), cross L over R (8) 9:00

[25 – 32] Syncopated R vine, point L, clap X2, rolling vine into L chasse

- 1 – 2& Step R to R side (1), cross L behind R (2), step R to R side (&) 9:00
- 3&4 Point L to L side (3), clap (&), clap (4) 9:00
- 5 – 6 Turn ¼ L stepping L fwd (5), turn ½ L stepping back on R (6) 9:00
- 7&8 Turn ¼ L stepping L to L side (7), step R next to L (&), step L to L side (8) 9:00

Start Again!

Ending: Wall 9 is your last wall. It starts facing 12:00. Do up to count 21 (your L side rock) and then turn ¼ R onto R and shuffle L fwd to face 12:00 again 12:00

Contact: nielsbp@gmail.com

(102)